## **journey.**do come alongside service

We come alongside your staff and ensure growth happens, providing you oversight and actionable insights.



# What is included in the come alongside service program?

- A research-based, social growth app available anytime, anywhere
- Evidence-based journeys focused on protective factor growth and other relevant topics
- Flexible service model with certified growth champions to ensure growth
- Data and AI to drive engagement, feedback, insights and continual improvement

# What are the integrated evidence-based practices?

- Motivational Interviewing (MI)
- Small Group Therapy (SGT)
- Trauma-Informed, Strength-Based Support (TI-SB)
- Reflective Journaling (RJ)
- Life Coaching (LC)
- Intrinsic Motivation (IM)
- Single Session Intervention (SSI)
- Evidence-Based Content (RBC)

#### Who and where do we serve?

- We serve organizations in which they are expected to ensure the growth of those in their care.
  - We can either bring our designed journeys, or work with you to "digitize" your content
  - We can serve online or F2F, or hybrid
- In justice, we serve across all contexts of care: community, diversion, probation, and detention

#### Is it Safe and Secure?

- All data is managed in safe and secure servers, with apps having SSO and 2FA
- Staff are trained in confidentiality and reporting practices, and continually monitored

## How does the program work in practice?

We provide full support from intake to outtake with virtual programming and trained coaches:

- Intake assessment using motivational interviewing and strength-based feedback to create growth plan
- Person completes assigned growth program, usually 4-5 Modules per certificate (2-3 hours)
- Trained coaches provide personalized feedback for each Module goal, supported by AI
- Person receives personalized transcript for each growth area, along with transition plan

## What are the growth journeys?

- Journeys are programs designed to support change in an area or areas. Most journeys include multiple certificates that contain multiple Modules.
- Each growth journey includes a pre-survey, 5-8 growth modules based on evidence-based content
- Topics include Harm Reduction, Gun Safety, Adulting, flourishing lives, Marijuana Abuse, Career Readiness, Family Healing, among others

#### How do we use AI?

- Supports our coaches so that each youth receives best possible plans and feedback
- Powers partners with deep insights at the level of individual, group, content, or county
- Provides design team continual feedback on engagement and impact for rapid improvement

#### Are staff trained?

- Every coach is trained and certified using our champion academy
- Intakes, Feedback, and Outtakes are continually monitored with regular reviews